



# How to Get Your Child to Eat / What to Do with the Picky Eater

**WHO:** Parents/caretakers of children 2-5 years old.  
(NOT FOR CHILDREN WITH ORAL MOTOR PROBLEMS)

- WHY:**
- Child's weight gain normal, but you feel they do not eat enough
  - You feel frustrated because you present new foods, and they are refused
  - You find you are making an extra meal for your child, but you don't really want to
  - If meal time is unpleasant because of power struggles around food, then this series of classes is for you!

<b>WHEN:</b>	<b>10/7/2008</b> 4:30 to 6:00 p.m.	<b>"How to Get Your Child to Eat"</b> Presented by Anna Gilman, OTR/L
	<b>10/14/2008</b> 4:30 to 6:00 p.m.	<b>"What to do When You are not at the Table: Nurturing Your Relationship with Your Child"</b> Presented by Deborah Duncan, LMFT; RPT/S
	<b>10/21/2008</b> 4:30 to 6:00 p.m.	<b>"Behavioral Strategies to Encourage Healthy Mealtimes"</b> Presented by Dana Riley, Psy. D.

**WHERE:** Exceptional Parents Unlimited / 4440 N. First Street, Fresno

Child care is available on a limited basis and must be requested when you register. To register, please contact Anita Villegas at EPU.

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